

CONNECT

COLLEGE AND CAREER READINESS DEPARTMENT

2023-2024

Cultivate a sense of curiosity and openness to the world around you. Look beyond surface appearances.

See things in a new and more nuanced way. Develop a more open mindset.

CONNECT

con · nect

verb: **connect**

3rd person present: **connects**

past tense: **connected**

past participle: **connected**

gerund or present
participle: **connecting**

*bring together or into contact
so that a real or notional link is
established*



Understand how things are connected and interconnected. Share happiness.

Gain a deeper appreciation for the complexity and interconnectedness of the world. Better understand others.

July 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Independence Day	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24 Pioneer Day	25	26	27	28	29
			First Day Back New Counselor and Intern Focus Training 8:00 a.m.-2:00 p.m. / C121	Counselor Institute Olympus Jr. High 7:30 a.m. - 4:00 p.m.		
30	31	Notes:				

CONNECT

Research shows that:

- **CONNECTING** with students and their families by phone call, text message, or email establishes a positive relationship between school and home.
- Students benefit academically and emotionally when **CONNECTIONS** are made – attendance and grades improve, and they show greater participation in school overall.

Consider **FIVE STRATEGIES** to use with students and families to develop positive **CONNECTIONS**.

REACH OUT EARLY

- Send a “welcome back” message or email to all students and their families
- Include information they need to know and how to connect with you
- Share a calendar for the first days, weeks of school
- Invite students and parents to school-sponsored events
- Use social media to reinforce the connections you are hoping to make

DEVELOP A COMMUNICATION SYSTEM

- Strong relationships start with strong communication and trust
- Identify and inform students and parents how you will communicate – Canvas, Blackboard, Google Classroom, etc.
- Make sure your system is student and parent friendly and makes communication quick and easy
- Keep your counseling website current and include how students and families can contact you
- Introduce students and parents to Focus – it’s new for everyone

SUSTAIN CONNECTIONS

- Don’t let established connections fade
- Reach out to students and families throughout the year
- Individual messages to students and their families can go a long way
- Remind students and their families how to access YOU, grades, and other information
- Establish and announce office hours before and after school and during lunch.

EMPOWER FAMILIES

- Empowering families, shifts the role of families from a passive observer and receiver of information to a full participant.
- Give families a voice. Make sure that your communication system includes and encourages a way for them to communicate with both you and their child.
- Inform families on how to check on student grades and progress,
- Provide resources to help families and students that align with your goals for them.

COMMUNICATE WITH CARE

- Be positive – every conversation should include positive comments
- Celebrate the good – when we celebrate the good, we build up student self-esteem - every student deserves to be celebrated
- Respond within 24 hours or less – a quick response shows you care
- Reread messages before sending – text is easy to misunderstand
- Keep students and parents informed all year long

August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	31 July	1	2	3 Transition Bootcamp 6th Grade Valley Jr. High 8:00 a.m. - 4:00 p.m.	4 Transition Bootcamp Freshman Academy Matheson Jr. High 8:00 a.m. - 4:00 p.m.	5
6	7 Teachers Back	8	9	10 Granite Opening Institute 8:00 - 11:00 a.m.	11	12
13	14	15	16 First Day Of School	17	18	19
20	21	22	23	24	25	26
27	28	29 High School Dept. Chair Meeting 2:00 - 3:00 p.m. GEC B216	30 Jr. High Dept. Chair Meeting 3:00 - 4:00 p.m. GEC B216	31		
		Notes:				

CONNECT



I DEFINE **CONNECTION** AS THE ENERGY THAT EXISTS BETWEEN PEOPLE WHEN THEY FEEL SEEN, HEARD, AND VALUED; WHEN THEY CAN GIVE AND RECEIVE WITHOUT JUDGMENT; AND WHEN THEY DERIVE SUSTENANCE AND STRENGTH FROM THE RELATIONSHIP.

BRENÉ BROWN

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Student Recess Day TCD	2
3	4 Labor Day No School	5	6	7	8 Counseling Clerk Training 9:00 - 10:30 a.m. C-121	9
10	11 Patriot Day	12	13 Steering Committee 1:30 - 3:00 p.m. Aud. D/E	14 GSCA Social 8:00 - 10:00 a.m. Jones Center	15	16
17	18	19	20 Professional Learning 9:30 - 11:30 a.m. or 12:30 - 2:30 p.m. Aud. A	21	22 Comp Day No School	23
Parent Teacher Conference Week (HS/JHS 18, 19, 20, 21)						
24	25	26 New Counselor and Intern Training 8:30 - 10:30 a.m. D202	27 Counselor PLC 2:30 - 3:30 p.m. D202	28	29	30
		Notes:				

CONNECT



I am your school counselor.
I don't have a magic wand,
crystal ball, or all the answers,
but I do have a heart that
cares, ears to listen, time to
give, ideas to share, and an
open mind.

I am here for you!

Connection is the energy that is created between people when they feel seen, heard, and valued. When they can give and receive without judgement.

- Brene Brown

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
		Pathways to Professions 8:00 - 3:00 Mountain America Expo Center			SLCC Counselor Conference 8:00 a.m.- 2:30 p.m. Herriman Campus	
			Counselor Industry Connection 8:00 - 10:00 a.m.			
8	9	10	11	12	13	14
			Steering Committee 1:30 - 3:00 p.m. Aud. D/E	Fall Recess		
15	16	17	18	19	20	21
	CSTAG 8:00 a.m. to Noon Jr. High PLC 1:00-2:30 Bonneville Jr. High Student Recess Day TCD / End of Term		Professional Learning 9:30 - 11:30 a.m. or 12:30-2:30 p.m. Aud. A			
22	23	24	25	26	27	28
		New Counselor and Intern Training 8:30 - 10:30 a.m. D202	Counselor PLC 2:30 - 3:30 p.m. D202			
29	30	31 Halloween				
		Notes:				

CONNECT

Components of GSD's Comprehensive School Counseling Program

Individual Planning

- Individual CCR – Plan meetings with students and their parents/guardians to assist them with next-step planning

CCR-Plan Activities

- Personalize course selection activities to create the best school schedule possible
- Develop a 4-year plan with each student to get them thinking about the future
- Teach goal setting for school success now and for the future
- Involve families in the process
- Provide academic, interest, and aptitude assessment

Collaborative Classroom Instruction

- Structured groups, classrooms, assemblies, school-wide events
- Consultation with school staff and others
- Counselor and teacher classroom activities

Content Areas

- USBE Mindsets and Competencies
- Eight Components of College and Career Readiness (College Board)
- CASEL Competencies
- Graduate of Granite Characteristics

Responsive Services

- Individual and small group counseling
- Consultation and referral
- Crisis response
- **Resources**
 - MTSS Process
 - Pink Form
 - Permission to Counsel Form
 - Safe UT
 - District and Community Resources

November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Counselor Industry Connection 8:00 - 10:00 a.m.	2	3 Counseling Clerk Training 9:00 - 10:30 a.m. C-121	4
5	6	7	8 Steering Committee 1:30 - 3:00 p.m. Aud. D/E	9	10	11 Veterans Day
12	13	14	15 Professional Learning 9:30 - 11:30 a.m. or 12:30-2:30 p.m. Aud. A	16	17 Jr. High PLC Bonneville Jr. High 1:00 - 2:30 p.m.	18
19	20	21	22	23 Thanksgiving	24	25
			Thanksgiving Recess			
26	27	28 New Counselor and Intern Training 8:30 - 10:30 a.m. D202	29 Counselor PLC 2:30 - 3:30 p.m. D202	30		
		Notes:				

CONNECT

IN A WORLD OF ALGORITHMS, HASHTAGS, AND FOLLOWERS, KNOW THE TRUE IMPORTANCE OF HUMAN CONNECTION. — UNKNOWN



Human connection is a deep bond that's formed between people when they feel seen and valued. During an authentic human connection, people exchange positive energy with one another and build trust. Human connection makes you feel heard and understood and give you a sense of belonging.

— Maggie Wooll

December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6 Counselor Industry Connection 8:00 - 10:00 a.m.	7	8	9
10	11	12 GSCA Social 12:00 - 2:00 p.m. Jones Center	13 Steering Committee 1:30 - 3:00 p.m. Aud. D/E	14	15	16
17	18	19	20	21	22 Student Recess Day TCD / End of Term	23
24 Christmas Eve	25 Christmas Day	26	27	28	29	30
	Winter Recess					
31 New Year's Eve		Notes:				
Winter Recess						

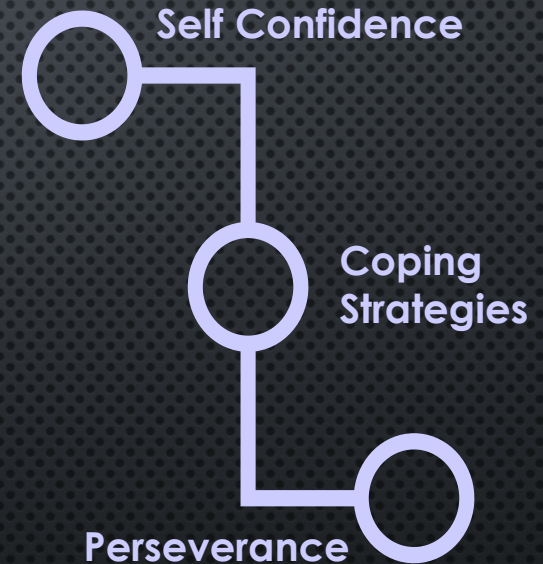
CONNECT

School counselors' understanding of and connections with their students allow them to clearly see students' social and emotional needs and strengths.

We CONNECT students to coping strategies when faced with challenging and overwhelming feelings.

School counselors help students recognize their strengths and accomplishments CONNECTING students to a self-confidence that helps them to persevere.

School counselors teach and help students practice empathy, understand diverse perspectives, collaborate and problem solve in ways that benefit them now and in the future.



Laura Ross, school counselor
Five Forks Middle School
2020 ASCA School Counselor of the Year

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day	2	3	4	5	6
	Winter Recess					
7	8	9	10 Steering Committee 1:30 - 3:00 p.m. Aud. D/E	11	12	13
14	15 ML King Day	16	17 Professional Learning 9:30 - 11:30 a.m. or 12:30-2:30 p.m. Aud. A	18	19	20
21	22	23	24 Counselor PLC 2:30 - 3:30 p.m. D202	25 CTE Open House 4:00 - 7:30 p.m.	26	27
28	29	30 New Counselor and Intern Training 8:30 - 10:30 a.m. D202	31			
		Notes:				

CONNECT

Students need understanding and **connection** from school counselors so that they can know how their talents, passions, current knowledge, and learned knowledge and skills in school can lead to postsecondary opportunities and success.

School counselors link students to opportunities that help them grow their areas of interest and skills.

School counselors create engagement for students showing the relevance between their current learning and future goals and aspirations.

Laura Ross, school counselor
Five Forks Middle School

2020 ASCA School Counselor of the Year



February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Counseling Clerk Training 9:00 - 10:30 a.m. C-121	3
4	5	6	7 Counselor Industry Connection 8:00 - 10:00	8	9 Comp Day No School	10
National School Counseling Week						
Parent Teacher Conference Week (JHS/HS 5, 6, 7)						
11	12	13	14 Valentine's Day Steering Committee 1:30 - 3:00 p.m. Aud. D/E	15	16 GTI Connection Day 8:00 a.m. - 12:30 p.m. Student Recess Day TCD	17
18	19 Presidents' Day	20	21 Professional Learning 9:30 - 11:30 a.m. or 12:30-2:30 p.m. Aud. A	22	23 Jr. High PLC Bonneville Jr. High 1:00 - 2:30 p.m.	24
25	26	27 New Counselor and Intern Training 8:30 - 10:30 a.m. D202	28 Counselor PLC 2:30 - 3:30 p.m. D202	29		
		Notes:				



HARVARD BUSINESS SCHOOL DEPARTMENT OF PSYCHOLOGY

JUST ONE MORE QUESTION . . .

People spend most of their time during conversations talking about their own viewpoints and tend to self-promote when meeting people. In contrast, high question-askers . . . are perceived as more responsive and are better liked. People would do well to learn that it doesn't hurt to ask.

CONNECT

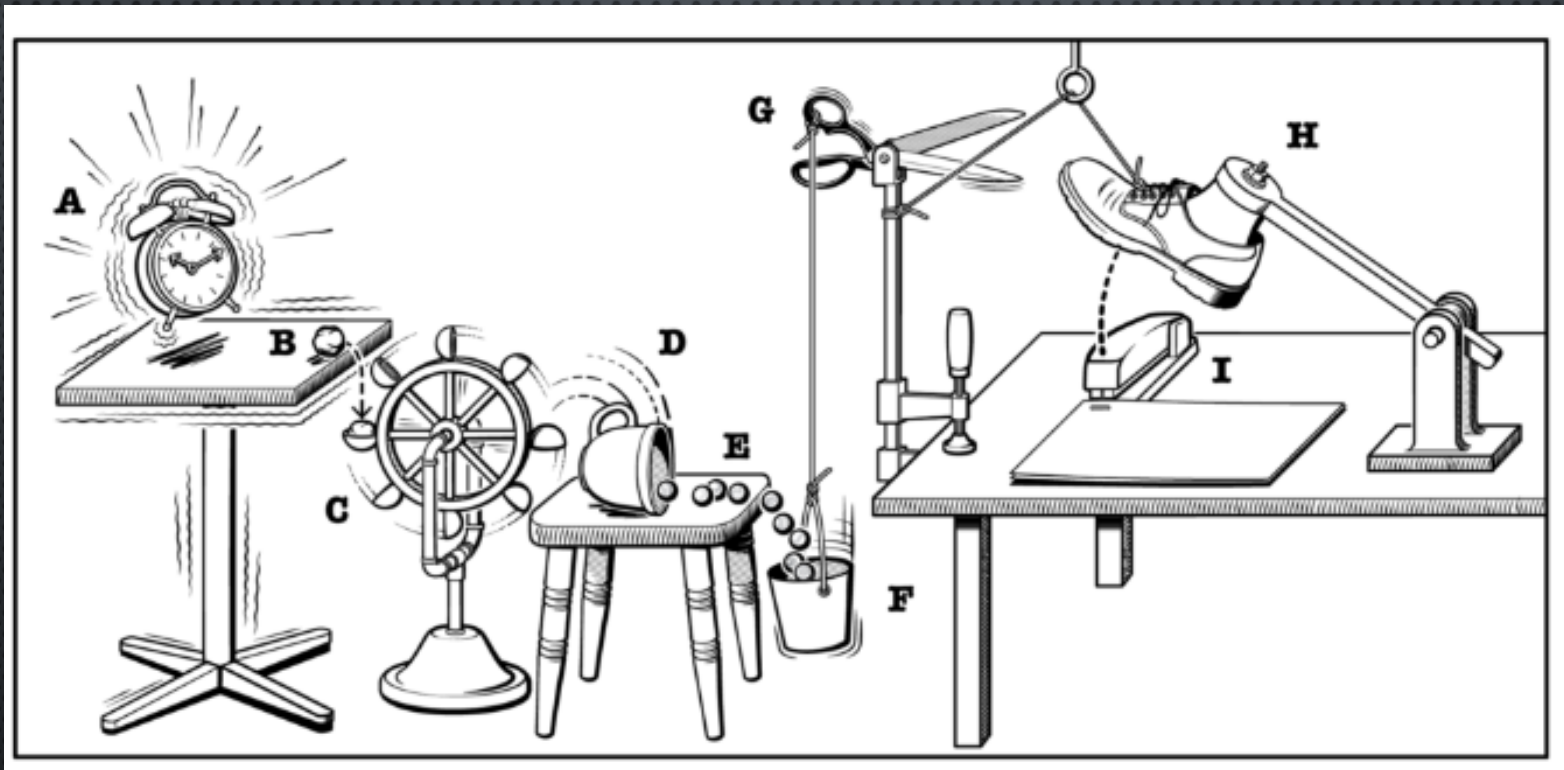
Ask students one more question

- When they're faced with a big decision
- To create understanding and empathy
- To develop rapport and show interest
- To identify student needs
- To increase school connectedness
- To help resolve a problem

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6 Counselor Industry Connection 8:00 - 10:00 a.m.	7	8	9
10	11	12	13 Steering Committee 1:30 - 3:00 p.m. Aud. D/E	14	15 Jr. High PLC Bonneville Jr. High 1:00 - 2:30 p.m. Student Recess Day TCD / End of Term	16
17 St. Patrick's Day	18	19	20 Professional Learning 9:30 - 11:30 a.m. or 12:30-2:30 p.m. Aud. A	21	22	23
24	25	26 ACT Testing	27 Counselor PLC 2:30 - 3:30 p.m. D202	28 New Counselor and Intern Training 8:30 - 10:30 a.m. Off Site	29	30
31 Easter		Notes:				

CONNECT



A Rube Goldberg machine is a comically complex invention, often made with household items, created to do a simple task. Since Rube Goldberg was an engineer before he became a cartoonist, the exercise is especially well-suited for exploring physics and engineering, but it's also excellent for lessons in persistence and iteration -- and making **CONNECTIONS**.

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 April Fool's Day	2	3	4	5	6
	Spring Break					
7	8	9	10 Steering Committee 1:30 - 3:00 p.m. Aud. D/E	11	12 Counseling Clerk Training 9:00 - 10:30 a.m. C-121	13
14	15	16	17 Professional Learning 9:30 - 11:30 a.m. or 12:30-2:30 p.m. Aud. A	18	19	20
21	22	23 New Counselor and Intern Training 8:30 - 10:30 a.m. D202	24 Admin Assist Day Counselor PLC 2:30 - 3:30 p.m. D202	25 GSCA Closing Social 12:00 - 2:00 p.m. Jones Center	26	27
28	29 Comp Day No School	30				
		Notes:				

CONNECT

THE CONNECTED COUNSELOR

Cultivates relationships

Curates resources

Motivates and is motivated by students

Inspires and is inspired by students

Collaborates with school staff

Gains perspective on culture and student backgrounds

Models connected learning for students and staff

Never runs out of new ideas to connect with students

Can connect students globally

Understands that in a global community everyone benefits



May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Counselor Industry Connection 8:00 - 10:00 a.m.	2	3	4
5	6	7	8 Steering Committee 1:30 - 3:00 p.m. Aud. D/E	9	10	11
AP Testing						
12 Mother's Day	13	14	15	16	17	18
AP Testing						
19	20	21	22	23	24	25
26	27 Memorial Day	28 Emergency Closure Day	29	30 Counselor's Last Day	31	
		Notes:				

CONNECT

Here's a thread

The power to **connect**

The power to change

Connect two dots and change the whole plot

Connect one day and change a long week

Connect to one thought and change what you speak

Connecting hearts we change their flow, the plan, the path, the course, route, and row

Connect with uncertainty and change what we know - plots and seeds that we grow

Connect and change what you want

What do you want?

Don't like the hue, change the color

Scared of the storms, change their thunder

Don't share the dream, dream another

Connect and change

A place, a dance, the towns, the now, your vow, the news, the fight, the night, the light

Anything you like

Connect, connect, connect . . .

Connect and change

Connecting changes anything

Anis Mojgani

Poet Laureate of Oregon, 2020-2024